

Combine your yogurt ingredients (see below) in the blender. Blend on high speed for 1–2 minutes, until completely combined.

Pour into jars, cover, and let set in fridge for about 3 hours.

Strawberry yogurt

1 quart homemade yogurt
1 tablespoon unflavored gelatin,
softened in about 1/3 cup cold water
for 5 minutes
2 cups whole strawberries (fresh or
frozen—if using frozen, measure
before thawing)
4+ tablespoons sugar

Vanilla yogurt

1 quart homemade yogurt
2 teaspoons unflavored gelatin,
softened in about 1/4 cup cold water
for 5 minutes
2 tablespoons vanilla extract
4+ tablespoons sugar